

## THE OPERANT PRAYER

**I devote myself to:**

- the hungry and the thirsty,
- the homeless and those lacking basic material needs,
- the imprisoned and the sick,
- the lonely and alienated.

**I devote myself to:**

- compassion and mercy,
- justice and peace,
- forgiveness and reconciliation,
- joy and generosity.

**I devote myself to:**

- mourn with those who mourn,
- celebrate with those who celebrate,
- speak for those who are silenced,
- listen to those who need to be heard.

**I devote myself to:**

- see in myself worthiness and dignity,
- see in others the same value as I see in myself,
- refuse to demean or diminish the value of anyone,
- stand against any effort to strip anyone of human dignity.

**I devote myself to:**

- trust in love,
- hope in love,
- live in love,
- love.